



If A Tooth Is Knocked Out

1. Remain calm while you try to locate the tooth.
2. Pick up the tooth gently, being careful to handle it by its crown and not by its roots.
3. Gently remove any debris from the tooth. Do not scrub or use any cleaning agents on the tooth.
4. Look for fractures in the roots. If there are no fractures, carefully replace the tooth in its socket or keep it moist in a glass of milk or water. If no milk or water is available, place the tooth in the mouth next to the cheek.
5. See a dentist immediately, preferably within 30 minutes